




NORTHLAND ADULT DAY CENTER
JULY 2024---- Activity Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
Current Affairs	Current Affairs	Current Affairs	CLOSED 	CLOSED
Exercise	Exercise	Parachute Game		
Concentration Game	Arts and Crafts			
Music N Motion		Flip Me Game		
	Picture Bingo	Exercise		
8	9	10	11	12
Current Affairs	Current Affairs	Current Affairs	Current Affairs	Current Affairs
Monday Manicures	Exercise	Walmart Wednesday	Exercise	Exercise
	BINGO		Word Category	Health Seminar
Board Games		Bean Bag Toss		Board Games
Exercise	Music in Motion	Word Category	Balloon Volleyball	Gardening
15	16	17	18	19
Current Affairs	Current Affairs	Current Affairs	Current Affairs	Current Affairs
Exercise	Target Tuesday	Walk in the Park	Exercise	Exercise
	Ring Toss		Science Project	Trivia Game
Simon Says Game	Exercise	National Hot Dog Day	Nelson Mandela Day	
Gardening	Word Category	Charades	Exercises	Gardening
22	23	24	25	26
Current Affairs	Current Affairs	Current Affairs	Current Affairs	Current Affairs
Bible Study	Library Day Trip	Exercise	Exercises	Union Station
Tell-A-Joke Day	Crossword Puzzles	Super Soaker Day	Word Category	Planetarium Fieldtrip
Exercise	Card Games	Tell-A-Joke Day	Therapeutic Coloring	ALL CENTER
Word Category	Nat'l Ice Cream Day	Word Category	Concentration Game	XXXIII Olympic Games
29	30	31		
Current Affairs	Current Affairs	Current Affairs		
Exercise	Exercise	Exercise		
Arts and Crafts	Hang Man			
Card Games	Geography Game	Bean Bag Toss		
Nat'l Tiger Day				