

CLAY COUNTY SENIOR RESOURCE FAIR

Coordinated by *Northland Professionals in Aging*

THURSDAY, OCTOBER 8, 2026 | 9 AM - 1 PM
GLADSTONE COMMUNITY CENTER | 6901 N HOLMES ST

COME & ENJOY: FREE FOOD-EXHIBITORS-SCREENINGS-DOOR PRIZES

MEET WITH THE EXPERTS

ELDER LAW
HOME HEALTH
SENIOR LIVING
HOME EQUIPMENT
IN-HOME SERVICES

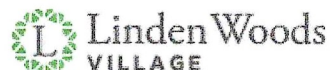
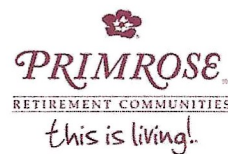
FREE SCREENINGS

FALL RISK
SKIN CANCER
BLOOD PRESSURE
BODY COMPOSITION ASSESSMENT

THANK YOU TO OUR GENEROUS BREAKFAST SPONSOR:



SUPPORTERS



EXHIBITORS

ASSISTED LIVING LOCATORS, BRIGHT STAR CARE, CHEFS FOR SENIORS, CLAY COUNTY SENIOR SERVICES, CLEARSKY REHAB HOSPITAL OF ELMWOOD, COMFORCARE CENTRAL KC, FAITH HOME HEALTH & HOSPICE, GARDEN VILLAGE SENIOR LIVING, HEARING HEALTH ASSOCIATES, HOSPICE BY JOHN KNOX VILLAGE, IMOVE PT, INTERIM HEALTHCARE, LIBERTY SILVER CENTER, LIGHTHOUSE HOME CARE, LOVE LAW GROUP, MCCRITE PLAZA, NEPTUNE SOCIETY, NKC HEALTH, NORTHLAND ADULT DAY CENTER, NORTHLAND HEALTHCARE ACCESS, NORTHLAND SHEPHERD CENTER, OAK POINTE OF KEARNEY, OUR LADY OF MERCY COUNTRY HOME, PARKINSON'S FOUNDATION, REBUILDING TOGETHER KANSAS CITY, RIGHT AT HOME, SAGEGROVE ASSISTED LIVING & MEMORY CARE, SENIOR FALLS PREVENTION COALITION OF CLAY AND PLATTE COUNTIES, SENIOR MOVE MANAGEMENT, SENIORS BLUE BOOK, SENIORS HELPING SENIORS, TERRACE HOME HEALTH, TGR LIVING AT THE GRAND ROYALE, THREE RIVERS HOSPICE, UMKC, UNITED HEALTH GROUP, WEXFORD PLACE

The Kitchen Creations

@ Gregg/ Kice

Cook. Create. Taste!

Join us in the kitchen to whip up fun and delicious recipes you can take home and make again with your family!

Sept. 9 - Oct. 21

Oct. 28 - Dec. 16

Wednesday, 9:30 - 11 a.m.

Gregg/ Klice

Community Center

1600 John Buck O'Neil Way, KCMO

\$24/ Session | \$5/ drop in

Free for KCMO Parks members

**For more information,
call 816-513-0650**

kcparks.org



The KCMO Parks and Recreation Department facilities and programs are available to people of all abilities. If accommodations or individualized supports are needed to participate, please contact Adaptive & Inclusive Recreation (AIR) Services - AIR.Services@kcmo.org or 816-513-7516.



Silver Sneakers **BOOM** *Mind*

SilverSneakers BOOM Mind is a high-intensity, yet relaxing, fusion class designed for active older adults, combining yoga and Pilates-inspired movements. It focuses on improving core strength, lower-body stability, and flexibility while reducing stress through focused breathing. Classes often start with standing poses and move to the floor

**Gregg/ Klice
Community Center**
1600 John Buck O'Neill Way,
Kansas City, MO

Saturdays
9:30 - 10:15 a.m.

\$3/ Senior drop-in
Free for KCMO
Parks members

For more information, call
816-513-0650

kcparks.org



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Wise Words Collective

A Senior Book Club

Our program is designed to increase mental sharpness, creativity, and memory. We will start every session with a word search that correlates with the book we are reading. We will read several pages during the book club session and discuss our thoughts on what is happening and what might happen. There will be a reading schedule to guide readers through the end of the book.

Wednesday
12:30 - 1:30 p.m.

Gregg/ Klice
Community Center
1600 John "Buck" O'Neil Way, KCMO

\$3 Drop-in or \$5/ Session
Ages 60+

For more information, call 816-513-0650
kcparks.org



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Seniors get ready to shout **BINGO!**
and win some fun prizes! Join us
every 1st Friday for an afternoon of
laughter, connection, and friendly
competition. Whether you're a
seasoned pro or new to the game,
there's a seat (and maybe a lucky
card!) waiting for you.

Golden Hour **BINGO!**

**First Friday
of the month**

9:30 - 11 a.m.

**Gregg/ Klice
Community Center**

1600 John Buck O'Neil Way, KCMO 64108
Age 55+

\$5 drop-in | \$3 active agers

For more information, call 816-513-0652

kcparks.org



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