

NORTHLAND ADULT DAY CENTER
JULY 2026---- Activity Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
		Current Affairs	Current Affairs	CLOSED
		Exercise	Exercise	
		Picture Bingo	Arts and Crafts	
		Music Therapy	Ice Cream on Patio	
6	7	8	9	10
Current Affairs	Current Affairs	Current Affairs	Current Affairs	Current Affairs
Exercise	Walmart Tuesday	Exercise	Exercise	Friday in the Park
Ring Toss	BINGO	Word Category	Paint n' Sip	Jammin' Jan & The Gratitudes
Tell the Truth Day		Bean Bag Toss		"All Center Fieldtrip"
Exercise	Music in Motion		Music Therapy	(Weather Permitting)
13	14	15	16	17
Current Affairs	Current Affairs	Current Affairs	Current Affairs	Current Affairs
Exercise	Exercise	Exercise	Exercise	Friday in the Park
Monday Manicures	Word Category	Pokeno	Science Project	Hot String Quartet (Jazz)
Simon Says Game		Bean Bag Toss	Nelson Mandela Day	"All Center Fieldtrip"
	Hang Man	Word Category	Exercises	(Weather Permitting)
20	21	22	23	24
Current Affairs	Current Affairs	Current Affairs	Current Affairs	Current Affairs
Bible Study	Exercise	Walmart Wednesday	Exercises	Friday in the Park
Tell-A-Joke Day	Crossword Puzzles	Money Game	Word Category	Hogfish Gumbo (Cajun)
Exercise	Card Games	Tell-A-Joke Day	Therapeutic Coloring	"All Center Fieldtrip"
Word Category	Nat'l Ice Cream Day	Word Category	Concentration Game	(Weather Permitting)
27	28	29	30	31
Current Affairs	Current Affairs	Current Affairs	Current Affairs	Current Affairs
Exercise	Exercise	Exercise	Exercise	Friday in the Park
Monday Manicures	Hang Man	Board Games	Therapeutic Coloring	Turpine Tyme Ragsters (Ragtime)
Card Games	Geography Game	Parachute Game	Bean Bag Toss	"All Center Fieldtrip"
				(Weather Permitting)