

# NORTHLAND ADULT DAY CENTER

June 2022---- Activities Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
		Current Affairs	Current Affairs	Current Affairs
		Walmart Wednesday	Hot Potato Game	Morning Matinee
		Journal Writing		Hidden Figures
		Exercise	Exercise	
		Word Category/Fish	Brain Buster	Walk About
6	7	8	9	10
Current Affairs	Current Affairs	Current Affairs	Current Affairs	Current Affairs
BINGO	Bible Study	Water Arobics @ Y	Family Feud	Morning Walk
	Disciples	Name that Tune		Bowling
EXERCISE	Exercise	Favorite Songs	Exercise	
Music N Motion	Ball Toss		Word Category/Trees	Snow Cone making
13	14	15	16	17
Current Affairs	Current Affairs	Current Affairs	Current Affairs	Current Affairs
Monday Manicures	Drop A Hint Game	Fruit Market Trip	Cook Class	Gardening
Pictionary Game		Fathers Day Cards	Fruit Kabobs	Draw Your Garden
Monday Meditation	Exercise	Exercise	Exercise	Exercise
Yoga Class	Cherades	Word Category	Brain Buster	Milk Shake Day
20	21	22	23	24
CLOSED - HOLIDAY	Current Affairs	Current Affairs	Current Affairs	Current Affairs
	Bean Bag Toss	World Music Day	Balloon Volleyball	Card Games
	Exercise	Music By Dennis	Exercise	Domino Tournament
	Charades	Name That Tune	Word Category/Trees	Exercise
		Dance/Music		Word Rhymes
27	28	29	30	
Current Affairs	Current Affairs	Current Affairs	Current Affairs	
Arts N Crafts	Rock Painting	Walmart Wednesday	Land Mark Trivia	
4th Decorations	Exercise	Exercise	Afternoon Walk	
Exercise	Word Category/Movies	Gardening	Smoothies on Patio	
Chocolate Pudding Day				