

NORTHLAND ADULT DAY CENTER

JUNE 2026--- Activity Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
Current Affairs Chair Yoga Monday Manicures Say Something Nice Day Jenga Game	Current Affairs Exercise Word Category POKENO Pool Tournament	Current Affairs Sit & Stretch Puzzle time Gun Violence Awareness Day Picture BINGO	Current Affairs Exercise On The Patio Word Category Parachute Game Birthday Celebration	Current Affairs Friday in the Park The New Red Onion Jazz Babies "All Center Fieldtrip" Birthday Celebration
8	9	10	11	12
Current Affairs Motown Sittercises Brain Busters Gardening Tell me a Joke	Current Affairs Rock & Roll Sittercise I Remember when... BINGO Crossword Puzzles	Current Affairs Walmart Wednesday Arts & Crafts Family Feud Game Word of the Day	Current Affairs Chair Zumba Bean Bag Toss Afternoon Walk Father's Day Craft	Current Affairs Musical Ball Game Charades Tik Tok video Birthday Celebration
15	16	17	18	19
Current Affairs Monday Manicures Therapeutic Coloring Yoga Class Elder Abuse Awareness Day	Current Affairs 90's Sittercise Tuesday Matinee Bean Bag Toss	Current Affairs Chair Yoga Arts & Crafts Finish the Phrase Ball Toss	Current Affairs Father's Day Craft Picnic on the Patio Bubble Machine Madness Music Therapy	CLOSED - HOLIDAY 
22	23	24	25	26
Current Affairs Exercise Pool Tournament Gardening	Current Affairs Tai Chi Exercise Brain Busters Nat'l Pink Day - Wear Pink	Current Affairs Walmart Wednesday Crossword Puzzles Parachute Game Puzzle Time	Current Affairs Sit & Stretch Therapeutic Coloring Memory Game Afternoon Walk	Current Affairs Friday in the Park Doug Talley Quartet (Jazz) "All Center Fieldtrip" (Weather Permitting)
29	30			
Current Affairs Chair Zumba Board Games Afternoon walk	Current Affairs Bean bag toss Playlist on Patio Sit & Stretch Coloring Contest			