

**NORTHLAND ADULT DAY CENTER
NOVEMBER 2023 ---- Activities Calendar**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
		Current Affairs	Current Affairs	Current Affairs
		Bean Bag Toss	Walmart Thursday	Family Feud Game
		All Saints' Day	The Karaoke Experience	Matinee Movie
		Crossword Puzzles	All Souls' Day	Red Friday
		Exercise	Exercise	Exercise
6	7	8	9	10
Current Affairs	Current Affairs	Current Affairs	Current Affairs	Current Affairs
Today in History	Arts and Crafts	Parachute Game	Nelson-Atkins Art Class	Veteran's Day Breakfast
Bible Study	Hang Man Competition	Card Games	Field Trip	Brain Games
Simon Says Game			Therapeutic Coloring	Ring Toss Game
Exercise	Exercise	Stretch Music	Exercise	Exercise
13	14	15	16	17
Current Affairs	Current Affairs	Current Affairs	Current Affairs	Current Affairs
Bean Bag Toss	Cooking with Victoria	Walmart Wednesday	Balloon Volleyball	Jenga Game
Board Games	World Diabetes Day	I Love to Write Day	Identify Me Game	Homemade Bread Day
Birthday Celebration		Birthday Celebration	Exercise	Ball Toss
Exercise	Loosen Up, Lighten Up Day	Yoga	Word Category	Yoga
20	21	22	23	24
Current Affairs	Current Affairs	Current Affairs	CLOSED	CLOSED
Science Project	Parachute Game	Thanksgiving Extravaganza		
		BINGO		
Red Monday	Card Game Tournament	What Am I Thankful For		
Line Dancing	Exercise	Music Therapy		
27	28	29	30	
Current Affairs	Current Affairs	Current Affairs	Current Affairs	
Monday Manicures	Thrift Store Trip	Acrylic Pour Project	Picture Bingo	
Identify Me Game	Giving Tuesday			
Music Therapy	Exercise	Music Therapy	Crossword Puzzles	
Exercise	Word Category	Exercise	Exercise	