

# NORTHLAND ADULT DAY CENTER

## DECEMBER 2025---- BREAKFAST, LUNCH, and SNACK MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<i>Oatmeal w/Cranberries, Toast</i>	<i>Raisin Toast, Eggs</i>	<i>Cold Cereal &amp; Bananas</i>	<i>Biscuit and Gravy, Juice</i>	<i>Cottage Cheese, Peaches, Muffin</i>
<b>Sloppy Joe w/Bun</b>	<b>Chicken Sandwich</b>	<b>Cheese Pizza</b>	<b>Chicken &amp; Vegetable Soup</b>	<b>Chili w/beans</b>
<b>Buttered Corn</b>	<b>Green Beans</b>	<b>Garden Salad w/dressing</b>	<b>Crackers</b>	<b>Garden Salad w/dressing</b>
<b>Seasoned Fries</b>	<b>Fruit Cup</b>	<b>Mixed Fruit</b>	<b>Sliced Pears</b>	<b>Crackers</b>
<i>Fruit Snacks</i>	<i>Butter Cookies</i>	<i>Granola Bar</i>	<i>Veggie Chips</i>	<i>Graham Crackers</i>
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
<i>Cold Cereal, Bananas</i>	<i>Grits, Toast, Juice</i>	<i>Pancakes w/ Blueberries</i>	<i>Pumpkin Muffins, Eggs</i>	<i>Bagels w/ cream cheese, Fruit</i>
<b>Chicken &amp; Vegetable Stir Fry</b>	<b>Fish Sticks</b>	<b>Chicken &amp; Rice</b>	<b>Fish Sandwich</b>	<b>Chef Salad w/Chicken</b>
<b>Apple Sauce</b>	<b>Macaroni and Cheese</b>	<b>Mixed Vegetables</b>	<b>French Fries</b>	<b>Crackers</b>
<b>Bread and Butter</b>	<b>Cucumber Salad</b>	<b>Apple Sauce</b>	<b>Cole Slaw</b>	<b>Jello w/Fruit</b>
	<b>Fruit Cup</b>	<b>Bread and Butter</b>		
<i>Vanilla Wafers</i>	<i>Apple Slices</i>	<i>Cheese Nips</i>	<i>Granola Bars</i>	<i>Oatmeal Cookie</i>
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
<i>Cream of Wheat, Sausage, Juice</i>	<i>Raisin Toast, Eggs</i>	<i>Waffles with Mixed Berries</i>	<i>Breakfast sandwich, Juice</i>	<i>Cold Cereal, Bananas</i>
<b>Sloppy Joe w/ Bun</b>	<b>Chili Dog w/bun</b>	<b>Franks and Beans</b>	<b>Roasted Chicken</b>	<b>Holiday Party</b> 
<b>Buttered Corn</b>	<b>Coleslaw</b>	<b>Cucumber Salad</b>	<b>Mixed Vegetables</b>	<b>Ham &amp; Turkey Sliders</b>
<b>Seasoned Fries</b>	<b>Baked chips</b>	<b>Fruit Cup</b>	<b>Apple Sauce</b>	<b>Vegetable Platter</b>
		<b>Buttered Bread</b>	<b>Bread and Butter</b>	<b>Fruit Platter</b>
<i>Peanut Butter Crackers</i>	<i>Birthday Cupcakes</i> 	<i>Fruit Snacks</i>	<i>Cheese Nips</i>	<b>Holiday Desserts</b>
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
<i>Cold Cereal, Bananas</i>	<i>Biscuits &amp; Gravy, Juice</i>	<b>CLOSED</b>	<b>CLOSED</b>	<b>CLOSED</b>
<b>Grilled Cheese Sandwich</b>	<b>Supreme Pizza</b>			
<b>Tomato Basil Soup</b>	<b>Garden Salad w/dressing</b>			
<b>Fruit Cup</b>	<b>Mixed Fruit</b>			
<i>Granola Bar</i>	<i>Birthday Cupcakes</i> 			
<b>29</b>	<b>30</b>	<b>31</b>		



All meals are served with 1% or skim milk.

Northland ADC operates in accordance with U.S. Department of Agriculture policy, which prohibits discrimination on the basis of race, color, sex, age, disability or national origin.

Northland ADC reserves the right to change meals at any time

To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 14<sup>th</sup> and Independence Avenue, SW, Washington, DC 20250-9410 or call (202) 720-5964 (voice and TDD).