

NORTHLAND ADULT DAY CENTER
NOVEMBER 2022 ---- Activities Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
	Current Affairs	Current Affairs	Current Affairs	Current Affairs
	All Saint's Day	Hx of Cuban Missile Crisis	Nelson-Atkins Art Class	Matinee Movie
	Bean Bag Toss	Parachute Game	Field Trip	Puzzle Pizazz
				Red Friday
	Exercise	Exercise	Exercise	Exercise
7	8	9	10	11
Current Affairs	Current Affairs	Current Affairs	Current Affairs	Current Affairs
Today in History	Arts and Crafts	Walmart Wednesday	Morning Walk	Veteran's Day Breakfast
Match Game	Hang Man Competition	Card Games	Arts N Crafts	Red Friday
		Yoga	Exercise	
Exercise	Exercise	Stretch Music	Birthday Celebration	Exercise
14	15	16	17	18
Current Affairs	Current Affairs	Current Affairs	Current Affairs	Current Affairs
Manicure Monday	Balloon Volleyball	Tea Party	The Number Game	Drop A Hint Game
Diabetes Seminar	Cooking Class	Name That Tune	Bean Bag Tourny	
			Birthday Celebrations	Matinee Movie
Ring Toss Game	Exercise	Yoga	Exercise	Yoga
21	22	23	24	25
Current Affairs	Current Affairs	Current Affairs	CLOSED	
Simon Says Game	Parachute Game	Thanksgiving Extravaganza		
Bible Study		Jenga Game		
	Exercise			
Afternoon Walk	Charades	Music Therapy		
28	29	30		
Current Affairs	Current Affairs	Current Affairs		
Monday Manicures	Bingo Game			
		Board Games		
Where the Wind Blows Game	Exercise	Exercise		
Exercise	Word Category	Ball Toss		