

NORTHLAND ADULT DAY CENTER
JUNE 2022----- BREAKFAST, LUNCH, and SNACK MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
		<i>Oatmeal & Raisins, Toast</i>	<i>Eggs, Banana Muffins</i>	<i>Cold Cereal & Bananas</i>
		Chicken Spinach Pasta	Baked Fish	Ham and Cheese Sandwich
		Garden salad w/dressing	Mac N Cheese	Potato Salad
		Bread and Butter	Mixed Vegetables	mandarin oranges
		<i>Oatmeal pie</i>	<i>Peanut Butter Crackers</i>	<i>Veggie Chips</i>
6	7	8	9	10
<i>Biscuits Gravy & Juice</i>	<i>Scrambled Eggs, Toast, Fruit</i>	<i>Cold Cereal & Bananas</i>	<i>Cream of Wheat, Toast, Juice</i>	<i>Blueberry Pancakes, Bacon</i>
Franks and Beans	Turkey Taco Salad	Sloppy Joe w/bun	Salisbury Steak w/gravy	Tuna Salad Sandwiches
Fruit Salad	Lettuce, tomatoes, onion	Tater Tots	Rice	Baked Chips
Bread and butter	Fruit Cocktail	Corn	Green Beans	Veggie Sticks w/ranch
			Watermelon	Fruit
<i>Vanilla Wafers</i>	<i>Fruit Snacks</i>	<i>Fruit Kabob</i>	<i>Oatmeal cookie</i>	<i>Popsicle</i>
13	14	15	16	17
<i>Bagels w/ cream cheese, Fruit</i>	<i>French Toast, Bacon, Juice</i>	<i>Waffles with Mixed Berries</i>	<i>Breakfast sandwich, Juice</i>	<i>Cold Cereal, Bananas</i>
Hamburger w/bun	Polish Sausage	Chili Dogs w/bun	Salmon Patties	Grilled Cheese Sandwich
Lettuce, tomato, onion	Cabbage	French Fries	Creamed Peas	Tomato Basil Soup
Seasoned Fries	Potatoes	Coleslaw	Mashed Potatoes	Sliced Pears
<i>Graham Crackers</i>	<i>Sliced Apples</i>	<i>Peanut Butter Crackers</i>	<i>Fruit Kabob</i>	<i>Milk Shake</i>
20	21	22	23	24
CLOSED - HOLIDAY	<i>Bagels W/Cream Cheese, Fruit</i>	<i>Veggie Egg Bake Juice</i>	<i>Cold Cereal Bananas</i>	<i>Biscuits n gravy Juice</i>
	Chicken Salad	Cheese Pizza	Beef Enchiladas	Fish Sticks
	Celery & Carrots	Garden salad w/dressing	Refried Beans	Candied Carrots
	Crackers	Fresh Fruit	Salad	Cole Slaw
	Fruit Cocktail		Jello W/Fruit	
		<i>Popcorn</i>	<i>Vanilla Wafers</i>	<i>Bomb Pop</i>
27	28	29	30	
<i>Cold Cereal, Bananas</i>	<i>Cream of wheat, Toast, Juice</i>	<i>Sausage, Eggs, Juice</i>	<i>Pancakes, sausage, juice</i>	
Turkey Sandwich	Chicken Stir Fry w/	Chef Salad w/Chicken	Catch of The Day	
Baked Chips	Mixed Vegetables	Crackers	Mac N Cheese	
Fruit cup	Apple Sauce	Jello w/Fruit	Green Beans	
			Fruit	
<i>Pudding</i>	<i>Cheese and crackers</i>	<i>Ice Cream</i>	<i>Fruit Smoothies</i>	

All meals are served with 1% or skim milk.

Northland ADC operates in accordance with U.S. Department of Agriculture policy, which prohibits discrimination on the basis of race, color, sex, age, disability or national origin.

Northland ADC reserves the right to change meals at any time

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