

NORTHLAND ADULT DAY CENTER
JUNE 2026---- BREAKFAST, LUNCH, and SNACK MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
<i>Cereal, Bananas</i>	<i>Sausage Biscuit, Juice</i>	<i>French Toast Sticks, Sausage, Juice</i>	<i>Bagels w/cream cheese, Mix Fruit</i>	<i>Biscuit & Gravy, Juice</i>
Baked Chicken	Chicken Tacos	Franks & Beans	Chicken Stir Fry	<i>Picnic Luncheon</i>
Green Beans	Lettuce, Tomatoes, Onion	Cucumber Salad	Mixed Vegetables	Turkey & Cheese Sandwich
Loaded Baked Potatoes	Mexican Rice	Bread and Butter	Apple Sauce	Baked Chips
				Grapes
<i>Granola Bar</i>	<i>Oatmeal Cream Pie</i>	<i>Vanilla Wafers</i>	<i>Birthday Cupcakes</i>	<i>Birthday Cupcakes</i>
8	9	10	11	12
<i>Banana Muffins, Eggs, Juice</i>	<i>Fruit Yogurt Parfait</i>	<i>Cottage Cheese, Raisin Toast</i>	<i>Cream of Wheat, Toast, Juice</i>	<i>Cold Cereal, Fruit</i>
Tuna Salad Sandwich	Cheese Pizza	Grilled Cheese Sandwich	Beef Sausage	Fish Sticks
Veggie Chips	Garden Salad w/dressing	Vegetable Soup	Cabbage and Potatoes	Macaroni & Cheese
Macaroni Salad	Fruit Jello	Mixed Fruit	Bread and Butter	Coleslaw
	Bread and Butter			Sliced Pears
<i>Butter Cookies</i>	<i>Ice Cream</i>	<i>Chocolate Chip Cookie</i>	<i>Graham Crackers</i>	<i>Birthday Cupcakes</i>
15	16	17	18	19
<i>Eggs, Cinnamon Roll</i>	<i>Buttermilk Biscuits & Jelly, Juice</i>	<i>Cold Cereal, Fruit</i>	<i>Cinnamon Oatmeal w/fruit</i>	CLOSED - HOLIDAY
Taco Salad w/ Tomatoes, Lettuce, Onion	Hot Ham & Cheese Sandwich	Roasted Chicken	Chef Salad w/Chicken	
Fruit Cup	French Fries	Root Vegetables	Crackers	
Crackers	Buttered Corn	Macaroni & Cheese	Jello w/Fruit	
<i>Graham Crackers</i>	<i>Cheese and Crackers</i>	<i>Fruit Bar</i>	Bread and Butter	
22	23	24	25	26
<i>Cereal, Bananas</i>	<i>Bagels W/Cream Cheese, Fruit</i>	<i>Breakfast Sandwich</i>	<i>Cream of Wheat, Toast, Juice</i>	<i>French Toast Sticks, Sausage, Juice</i>
Cheeseburger w/ bun	Chicken Salad	Spaghetti w/ Meatsauce	Fish Sandwich	<i>Picnic Luncheon</i>
Lettuce, Tomatoes, Onion	Celery & Carrots w/ranch	Garden Salad w/dressing	Candied Carrots	Hot Dog w/Bun
French Fries	Crackers	Jello w/Fruit	Cole Slaw	Baked Chips
	Fruit Cocktail	Bread and Butter		Fruit cup
<i>Veggie Chips</i>	<i>Vanilla Wafers</i>	<i>Fruit Snacks</i>	<i>Oatmeal cookie</i>	<i>Vanilla Wafers</i>
29	30	  		
<i>Cottage Cheese, Fruit</i>	<i>Raisin Toast, Eggs</i>			
Salisbury Steak w/ gravy	Veggie Wrap w/black beans			
Mashed Potatoes	Veggie Straws			
Sweet Peas	Grapes			
Jello W/Fruit				
<i>Butter Cookies</i>	<i>Graham Crackers</i>			

All meals are served with 1% or skim milk.

Northland ADC operates in accordance with U.S. Department of Agriculture policy, which prohibits discrimination on the basis of race, color, sex, age, disability or national origin.

Northland ADC reserves the right to change meals at any time

To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 14th and Independence Avenue, SW, Washington, DC 20250-9410 or call (202) 720-5964 (voice and TDD).