




NORTHLAND ADULT DAY CENTER

April 2023---- Activity Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				
3	4	5	6	7
Current Affairs Arts N Crafts Monday Manicures Exercise Word Category	Current Affairs Pokeno Election Day This Day in History Exercise	Current Affairs Walmart Wednesday Math Mania Exercise Word Category	Current Affairs Nelson-Adkins Museum Art Class Ring Toss Exercise	Current Affairs Easter Egg Dye Wear Royal Blue Good Friday  Exercise
10	11	12	13	14
Current Affairs Monday Movie Exercise Brain Busters	Current Affairs BINGO Apollo 13 History Exercise Word Rhymes	Current Affairs Walmart Wednesday Parachute Game Exercise	Current Affairs Science Project Bean Bag Toss Afternoon Walk	Current Affairs History of Titanic Board Games Wear Royal Blue Stretchcize
17	18	19	20	21
Current Affairs Bible Study/Songs Exercise Word Category	Current Affairs Concentration Game Ball Toss Exercise	Current Affairs Bible Story Collage Art Exercise	Current Affairs Arts N Crafts Gardening Exercise Word Category	Current Affairs Puzzle Pizzazz Wear Royal Blue Exercise
24	25	26	27	28
Current Affairs Pictionary Game Monday Meditation Yoga Smoothies	Current Affairs Bean Bag Toss Exercise Brain Buster	Current Affairs Picture BINGO Wednesday Matinee Exercise	Current Affairs Card Games Music in Motion Exercise	Current Affairs Friday Matinee Arbor Day Wear Royal Blue Exercise