


NORTHLAND ADULT DAY CENTER
JUNE 2024---- BREAKFAST, LUNCH, and SNACK MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
<i>Cold Cereal, Bananas</i>	<i>Scrambled Eggs, Toast, Fruit</i>	<i>Cottage Cheese, Fruit, Muffin</i>	<i>Pancakes, sausage, juice</i>	<i>Bagels & Cream Cheese, Juice</i>
Pepperoni Pizza	Chili Mac	Chef Salad w/Chicken	White Beans	Grilled Cheese Sandwich
Garden Salad w/dressing	Sauteed Zucchini	Crackers	Cucumber Salad	Tomato Basil Soup
Fruit Cup	Fruit Salad	Jello w/Fruit	Jello w/Fruit	Sliced Pears
	Bread and Butter		Cornbread	
<i>Chocolate Pudding</i>	<i>Ice Cream</i>	<i>Fruit Snacks</i>	<i>Bomb Pop</i>	<i>Popcorn</i>
10	11	12	13	14
<i>Biscuits Gravy & Juice</i>	<i>Cereal, Bananas</i>	<i>Blueberry Pancakes, Bacon</i>	<i>Cream of wheat, Toast, Juice</i>	<i>Yogurt, Fruit, Toast</i>
Sloppy Joe w/bun	Turkey on Croissant	Franks and Beans	Chicken Stir Fry w/	Egg Salad Sandwich
Tater Tots	Lettuce, tomatoes, onion	Sliced Peaches	Mixed Vegetables	Baked Chips
Corn	Baked Chips	Cooked Carrots	Apple Sauce	Veggie Sticks w/ranch
	Fruit Cocktail	Bread and Butter		Fruit
<i>Vanilla Wafers</i>	<i>Fruit Snacks</i>		<i>Cheese and crackers</i>	<i>Birthday Cupcakes</i>
17	18	19	20	21
<i>Bagels w/ cream cheese, Fruit</i>	<i>French Toast, Bacon, Juice</i>	CLOSED - HOLIDAY	<i>Cottage Cheese, Peaches, Muffin</i>	<i>Waffles, Sausage, Juice</i>
Taco Salad w/	Cabbage w/ Sausage and		Parmesan Chicken Sandwich	BBQ Chicken
Tomatoes, Lettuce, Onion	Buttered Potatoes		Tomato Basil Soup	Sauteed Spinach
Fruit Cup	Cornbread		Sliced Pears	Potato Salad
Crackers	Fruit cup			Bread and Butter
<i>Graham Crackers</i>	<i>Sliced Apples</i>		<i>Ice Cream Soda</i>	
24	25	26	27	28
<i>Eggs, Toast, Juice</i>	<i>Bagels W/Cream Cheese, Fruit</i>	<i>Cream of Wheat, Toast, Juice</i>	<i>Cold Cereal Bananas</i>	<i>Biscuits n gravy Juice</i>
Cheeseburger w/ bun	Chicken Salad	Salisbury Steak w/gravy	Beef Enchiladas	Fish Sticks
French Fries	Celery & Carrots	Mashed Potatoes	Refried Beans & Rice	Candied Carrots
Buttered Corn	Crackers	Green Beans	Garden Salad w/dressing	Cole Slaw
	Fruit Cocktail	Watermelon	Jello W/Fruit	
<i>Veggie Chips</i>	<i>Vanilla Milk Shake</i>	<i>Oatmeal cookie</i>	<i>Oatmeal cookie</i>	<i>Sliced Peaches</i>



**JUNE
TEENTH
FREEDOM
DAY**

June is Men's Health Month



Want to see these state change?
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Do it for yourself and for those who count on you.



All meals are served with 1% or skim milk.

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Northland ADC reserves the right to change meals at any time

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