## NORTHLAND ADULT DAY CENTER

August 2025---- Activity Calendar

Serving The Community  4 5 6 7 8 Current Affairs Current Affairs Current Affairs Exercise Exercise Exercise Walmart Wednesday Word Category Word Category Exercise Card Games Hands & Eves Day Family Feud Game Concentration Simon Savs Game Sun Safe Seminar  11 12 12 13 14 15 Current Affairs Current Affairs Current Affairs Current Affairs Exercise Exercise Chair Yoga Exercise Chair Yoga Exercise Bible Study Manicure Tuesday I Spy Worksheet Name That Logo Tuesday Matinee WWID Game Music Therapy Nat'l Relaxation Day Concentration I Ce Cream Social 18 19 20 21 22 Current Affairs Current Af					I
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