

# NORTHLAND ADULT DAY CENTER

## August 2025---- Activity Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Serving The Community 			1 Current Affairs Exercise Bean Bag Toss Sparking Social
	4	5	6	7
	Current Affairs	Current Affairs	Current Affairs	Current Affairs
	Exercise	Exercise	Exercise	Exercise
Word Category	Word Category	Walmart Wednesday	Card Games	Therapeutic Coloring
Hands & Eyes Day	Family Feud Game	Exercise	Therapeutic Coloring	Balloon Volleyball
Concentration	Simon Says Game	Bean Bag Toss	Today in History	Boots on the Ground
11	12	13	14	15
Current Affairs	Current Affairs	Current Affairs	Current Affairs	Current Affairs
Exercise	Chair Yoga	Exercise	Chair Yoga	Exercise
Bible Study	Manicure Tuesday	I Spy Worksheet	Bean Bag Toss	Word Category
Name That Logo	Tuesday Matinee	WWID Game	Navajo Code Talkers Day	Ring Toss
Music Therapy	Nat'l Relaxation Day	Concentration	Ice Cream Social	Birthday Celebration
18	19	20	21	22
Current Affairs	Current Affairs	Current Affairs	Current Affairs	Current Affairs
Exercise	Exercise	"ALL CENTER"	Exercise	Exercise
Word Category	Board Games	FIELD TRIP	Bubbles	Hangman
Picture Bingo	Tell A Joke Day	ARGOSY CASINO	Patio Paradise Day	Memory Chess
Bad Poetry Day	Bean Bag Toss		World Senior Citizen's Day	Music in Motion
25	26	27	28	29
Current Affairs	Current Affairs	Current Affairs	Current Affairs	Current Affairs
Exercise	Exercise	Chair Yoga	Exercise	Exercise
Word Category	Manicure Tuesday	Name That Tune	Word Category	Word Category
Arts N Crafts	Therapeutic Coloring		Hang Man	Simon Says
Parachute Game	Board Game Day	Snow Cones on Patio	Picture Bingo	Family Feud