



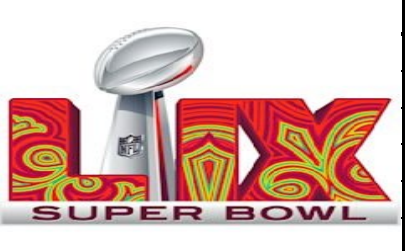





NORTHLAND ADULT DAY CENTER
February 2025---- BREAKFAST, LUNCH, and SNACK MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				
3	4	5	6	7
<i>Boiled Eggs, Raisin Toast</i>	<i>Blueberry Muffin and Eggs</i>	<i>Cream Cheese Bagels & Fruit</i>	<i>Biscuit and Gravy, Juice</i>	<i>Cereal & Bananas</i> 
Fish Sandwich	Turkey Spaghetti	Turkey & Cheese Sandwich	Smothered Pork Chops	Superbowl Luncheon
French Fries	Cucumber Salad	Baked Chips	Mashed Potatoes	BBQ Wings, Rotel Dip,
Coleslaw	Garlic Toast	Carrot Sticks w/dressing	Buttered Corn	Veggie, Fruit, Cheese Tray
<i>Oatmeal Cookies</i>		<i>fruit snacks</i>	<i>Cheese & Crackers</i>	<i>Superbowl Cake</i>
10	11	12	13	14
<i>Breakfast Burritos, Fruit</i>	<i>Cottage Cheese, Peaches</i>	<i>Cereal and Fruit</i>	<i>Breakfast Sandwich, Fruit</i>	<i>Oatmeal and Raisins</i>
PBJ Sandwich	Hamburger Goolash	Chicken Stir Fry w/	Tuna Salad Sandwich	Valentine Luncheon
Chicken Noodle Soup	Cucumber Salad	Mixed Vegetables	Baked Chips	HM Beef Lasagne
Fruit Cup	Buttered Bread	Apple Sauce	Fruit Cup	Caesar Salad 
	Pears			Garlic Toast
<i>Graham Crackers</i>	<i>Birthday Cupcakes</i>	<i>Graham Crackers</i>	<i>Oatmeal Cookie</i>	<i>Birthday Cupcakes</i>
17	18	19	20	21
<i>French Toast Sticks, Juice</i>	<i>Bagels w/ Cream Cheese, Juice</i>	<i>Veggie Quiche, Juice</i>	<i>Cereal & Bananas</i>	<i>Biscuits & Gravy, Juice</i>
Supreme Pizza	Cabbage and Sausage	Turkey on Croissant	Chicken Soft Tacos	Chili Dog w/bun
Garden Salad w/dressing	Buttered Potatoes	Baked Chips	Lettuce, Tomato, Onion	French Fries
Fuit Cup 	Mixed Fruit	Celery Sticks w/ranch	Yellow Rice w/ Peas	Mixed Vegetables
<i>Fruit Jello</i>	<i>Pretzel Sticks</i>	<i>Birthday Cupcakes</i>	<i>Butter Cookies</i>	<i>Butter Cookies</i>
24	25	26	27	28
<i>Cereal and Fruit</i>	<i>Cream of Wheat, Toast, Juice</i>	<i>French Toast Sticks, Juice</i>	<i>Eggs, Raisin toast</i>	<i>Oatmeal, Fruit</i>
Cheese Burgers w/bun	Salmon Croquettes	Spaghetti w/Meatsauce	Salisbury Steak w/Gravy	Franks and Beans
Tomato, Lettuce, Onion	Mashed Potatoes	Garden Salad w/dressing	Mashed Potatoes	Coleslaw
French Fries	Sweet Peas	Sliced Peaches	Green Beans	Fruit Cup
Applesauce			Buttered Roll	Bread and Butter
<i>Oatmeal cream pies</i>	<i>Cinnamon Applesauce</i>	<i>Veggie Sticks</i>	<i>Apple Slices</i>	<i>Butter Cookies</i>

All meals are served with 1% or skim milk.

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Northland ADC reserves the right to change meals at any time

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