

JULY 2026---- BREAKFAST, LUNCH, and SNACK MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
		<i>Biscuits & Gravy</i>	<i>Cereal and Bananas</i>	<i>CLOSED</i>
		Turkey & Cheese Sandwich	Tuna Salad Sandwich	
		Lettuce, Tomato, Onion	Potato Chips	
		Baked Chips	Fruit Cup	
		<i>Vanilla Wafers</i>	<i>Pretzels</i>	
6	7	8	9	10
<i>French Toast Sticks, Eggs, Juice</i>	<i>Banana Muffins, Cottage Cheese</i>	<i>Fruit Yogurt Parfait</i>	<i>Pancakes, Sausage, Juice</i>	<i>Scrambled Eggs, Raisin Toast</i>
Cheese Pizza	Turkey Tacos	Chicken Alfredo w/	Vegetable Fried Rice	Ham Sandwich
Garden Salad w/dressing	Lettuce, Tomato, Onion	Broccoli & Carrots	w/Chicken	Baked Chips
Sliced Pears	Refried Beans	Bread and Butter	Egg Rolls	Fruit cup
	Sliced peaches		Fruit Cocktail	
<i>Oatmeal Cookie</i>	<i>Cheese & Crackers</i>	<i>Fruit Snacks</i>	<i>Cheese, Crackers</i>	<i>Birthday Cupcakes</i>
13	14	15	16	17
<i>Bagels w/Cream Cheese, Fruit</i>	<i>Yogurt Parfait, Fruit, Muffin</i>	<i>Cereal and Bananas</i>	<i>Breakfast Sandwich, Juice</i>	<i>Cottage Cheese w/Peaches, Muffin</i>
BBQ Chicken	Grilled Cheese Sandwich	Chef Salad w/Chicken	Baked Fish w/quinoa	Turkey Wrap
Mixed Vegetables	Vegetable Soup	Crackers	Sauteed spinach	Veggie Straws
Corn Muffins	Mixed Fruit	Jello w/Fruit	steamed carrots	Grapes
		Bread and Butter	Fruit Jello	
<i>Oatmeal Cookie</i>	<i>Cheese & Crackers</i>	<i>Fruit Snacks</i>	<i>Ice Cream</i>	<i>Granola Bar</i>
20	21	2	23	24
<i>Oatmeal w/Fruit</i>	<i>Bagels w/Cream Cheese Fruit</i>	<i>Biscuit and Gravy, Juice</i>	<i>Cereal, Bananas</i>	<i>Biscuits & Gravy, Juice</i>
Fish Sticks	Sloppy Joe w/Bun	Roasted Chicken	Franks and Beans	Chicken Salad w/croissant
Macaroni and Cheese	Tator Tots	Mashed Sweet Potatoes	Cucumber Salad	Baked Chips
Cole Slaw	Buttered Corn	Steamed Broccoli	Bread and Butter	Applesauce
			Fruit Cup	Bread and Butter
<i>Graham Crackers</i>	<i>Ice Cream Floats</i>	<i>Peanut Butter Crackers</i>	<i>Veggie Chips</i>	<i>Fruit Snacks</i>
27	28	29	30	31
<i>Waffles, Sausage, Juice</i>	<i>Cereal and Bananas</i>	<i>Raisin Toast, Eggs</i>	<i>Oatmeal w/spiced apples</i>	<i>Bagels w/cream cheese, Fruit</i>
Vegetable Soup w/beans,	Tuna Salad	Beef Burrito w/rice	Salisbury Steak w/gravy	Hot Dog w/Bun
zucchini, carrots	Mixed Greens, tomatoes,	Tomatoes, Lettuce, Onion	Mashed Potatoes	Baked Chips
Sliced Pears	cucumbers w/dressing	Fruit Cup	Green Beans	Grapes
Whole-grain crackers	Whole-grain crackers			
<i>Graham Crackers</i>	<i>Pretzels</i>	<i>Fruit Bar</i>	<i>Vanilla Wafers</i>	<i>Butter Cookies</i>

All meals are served with 1% or skim milk.

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Northland ADC reserves the right to change meals at any time

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