

**NORTHLAND ADULT DAY CENTER  
DECEMBER 2024---- \*ACTIVITY CALENDAR**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
Current Affairs	Current Affairs	Current Affairs	Current Affairs	Current Affairs
Exercise	Exercise	Nelson-Atkins	Chair Yoga	Acrylic Pour Project
Decorate Christmas Tree	Word Category	Art Class Field Trip	JENGA Game	Board Games
Board Games	Concentration Game	Crossword Puzzles		BINGO
Music Therapy	Be A Blessing Day	Nat'l Cookie Day	Therapeutic Coloring	Exercise
9	10	11	12	13
Current Affairs	Current Affairs	Current Affairs	Current Affairs	Current Affairs
Union Station	Exercise	Exercise	Exercise	Exercise
Holiday Reflections	Picture Bingo	Bean Bag Toss	Walmart Thursday	Word Category
All Center Field Trip				Name That Tune
		Therapeutic Coloring	Parachute Game	
16	17	18	19	20
Current Affairs	Current Affairs	Current Affairs	Current Affairs	Current Affairs
Exercise	Chair Yoga	Exercise	Exercise	Josiah & Charlie
Bible Study	Jenga Game	Concentration Game	Matinee Movie	Musical Entertainment
Monday Manicures	Arts & Crafts	Balloon Volleyball	Pokeno	
Birthday Celebration			Exercise	Simon Says Game
23	24	25	26	27
Current Affairs	<b>CLOSED</b>			
Holiday Party	<b>CHRISTMAS VACATION™</b>			
Music Therapy				
Birthday Celebration				
30	31			

Closed

Closed



Happy  
New Year!



*\*It is at the discretion of Northland ADC management to make changes to the activity calendar without prior notice.*