NORTHLAND ADULT DAY CENTER
NOVEMBER 2026---- BREAKFAST, LUNCH, and SNACK MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	**3**	**4**	**5**	**6**
French Toast, Sausage, Juice	*Cottage Cheese, Fruit, Muffin*	*Cold Cereal, Bananas*	*Grits, Toast, Juice*	*Cinnamon Oatmeal w/apples*
Chili Dog w/bun	**Baked Chicken & Rice**	**Mackerel Fish Patties**	**Turkey Wrap**	**Fish Sandwich**
Coleslaw	**Sweet Peas & Carrots**	**Baked Sweet Potatoes**	**Bean Soup**	**Baked Chips**
Baked chips	**Bread and Butter**	**Garden Salad w/dressing**	**Fruit Cup**	**Coleslaw**
Sliced Apples	*Veggie Sticks*	*Cheese & Crackers*	*Birthday Cupcakes, Pumpkin Pie*	*vanilla wafers*
9	**10**	**11**	**12**	**13**
Hashbrown Casserole, Juice	*Cottage Cheese, Muffin, Fruit*	***Vet Pancakes, Sausage, Juice***	*Yogurt & Fruit Parfait, Breakfast Bar*	*Biscuits and Gravy, Juice*
Turkey & Cheese Sandwich	**Sloppy Joe w/Bun**	**Savory Meatloaf**	**Supreme Pizza**	**Baked Zitti**
Vegetable Soup	**Buttered Corn**	**Mashed Potatoes w/gravy**	**Garden Salad w/dressing**	**Broccoli Spears**
Fruit Cup	**Sweet Potato Fries**	**Carrots**	**Sliced Peaches**	**Garlic Bread**
				**Fruit Cup**
Fruit Snacks	*Butter Cookies*	*Veteran's Day Dessert*	***Birthday Cupcakes***	*Roasted Hummas, Pita*
16	**17**	**18**	**19**	**20**
Pancakes, Sausage, Juice	*Raisin Toast, Eggs*	*Cream of Wheat, Toast, Juice*	*Cinnamon Oatmeal, apples*	*Waffles, Sausage, Juice*
Tuna Salad	**Baked Pork Chops**	**Grilled Cheese Sandwich**	**Chicken Stir Fry w/**	**Cheeseburger w/bun**
Lettuce, Tomatoes	**Quinoa**	**Chicken Noodle Soup**	**Mixed Vegetables**	**Lettuce, tomato, onion**
Fruit Cup	**Applesauce**	**Sliced Pears**	**Apple Sauce**	**Seasoned Fries**
Wheat Crackers	**Bread and Butter**			
Vanilla Wafers	*Pretzel sticks*	*Peanut Butter Crackers*	*Graham Crackers*	*Oatmeal Cookie*
23	**24**	**25**	**26**	**27**
Biscuits and Gravy, Juice	*Bagels w/ cream cheese, Fruit*	*Breakfast Burritos, Fruit*	**CLOSED**	**CLOSED**
Chicken Salad w/Croissant	**Turkey Soft Tacos**	**Roasted Chicken**		
Baked Chips	**Lettuce, Tomato, Onion**	**Mixed Greens**		
Fruit Cup	**Refried Beans**	**Sweet Potato Casserole**		
	Fruit Jello	**Buttered Roll**		
Fruit Snacks	*Butter Cookies*	*Pumpkin Pie*		
30				
Oatmeal w/cinnamon apples				
Salisbury Steak w/gravy				
White Rice				
Green Beans				
Applesauce				
Oatmeal Cookies				

All meals are served with 1% or skim milk.

Northland ADC operates in accordance with U.S. Department of Agriculture policy, which prohibits discrimination on the basis of race, color, sex, age, disability or national origin.

Northland ADC reserves the right to change meals at any time

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